

CHALLENGER BASEBALL



What is Challenger Baseball?

Challenger Baseball is an adaptive baseball program specifically designed to empower children, youth and adults living with physical and/or cognitive disabilities. The program is designed to teach these children and youth the core life-skills inherent to baseball, including: teamwork, communication, determination, resiliency, inclusion, support and courage.

Challenger Baseball runs quality and sustainable programming in over 200 baseball leagues, schools and organizations across Canada with more than 6,000 children, youth, and adults participating!

What are the Rules of Challenger Baseball?

Every Challenger Baseball game can look different. Generally, no score is kept, every batter gets only one base (no matter the hit), every runner is safe, and the last batter in the inning clears the bases.



What is a Buddy?

A buddy is the name given to a volunteer that works alongside athletes in Challenger Baseball. Athletes who want or need a buddy will work together to make both playing and helping fun!

Your role as a Buddy

Your most important role is to lead a fun, safe, consistent and effective Challenger Baseball program. You are responsible for working 1-on-1 with your Challenger Baseball athlete(s), ensuring they're working towards their unique and individual goals, as well as promoting independence.

How do I get started?

Interested in being a Buddy for Challenger Baseball? Great!

Sign up today with QR

or email challenger@abbotsfordbaseball.ca

